

# VICTORIAN PRIDE CENTRE

# **TiPS Program**

# 2024-2025



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# TELLING IT WITH PRIDE SPEAKERS PROGRAM

The TiPS Program is an initiative by the Victorian Pride Centre to empower LGBTIQ+ individuals to share their lived experiences through professional public speaking and storytelling. The program aims to promote understanding, empathy, and inclusion across Victoria. By the end of the program, participants will have the skills and experience needed to lead their own events and share their unique stories.





Open to LGBTIQ+ individuals across Victoria, including metropolitan, regional, and rural areas.

Inclusive of diverse backgrounds such as First Nations Peoples, the Transgender and Gender Diverse community, CALD individuals, people with disabilities, and various age groups and socio-economic statuses.

Accessible to participants from all parts of Victoria with workshops in-person and online support for remote participants.

EOIs **Open** Aug 22 2024

**Duration:** 9 Oct - 27 Nov 2024 + 1 day in Jan 2025

**Sessions:** 5 workshops from Oct 2024 and Nov 2024. Final presentation delivered in our 2025 Midsumma program at the Victorian Pride Centre.



# KEY ACTIVITIES

- **STORYTELLING WORKSHOPS**

Focus on crafting and sharing personal narratives for social change.

- **PUBLIC SPEAKING TRAINING**

Techniques for effective public speaking and audience engagement.

- **MEDIA AND DIGITAL STORYTELLING**

Training on using digital platforms, podcasting, and social media for advocacy.

- **RESILIENCE AND SELF-CARE**

Strategies for building emotional resilience and practising self-care.

# PROGRAM WORKSHOPS

WED 9 + 16 OCTOBER

Workshop 1

## STORYTELLING FOR SOCIAL CHANGE

Learn about the history and impact of sharing our stories. Exploring storytelling techniques and narrative frameworks to give shape to your story. With an aim to recognise that your message matters to begin to equip you for publicly telling your story.

There will be an initial gathering of all participants before the workshops begin on **Wednesday 9 October** for everyone to meet, connect and get to know each other each other before the program begins.

WED 30 OCTOBER

Workshop 2

## SELF AND COMMUNITY CARE FOR STORYTELLERS

This workshop will focus on the emotional aspects of sharing personal stories, including building resilience and practicing self-care in parallel with community care.

WED 13 NOVEMBER

Workshop 3

## PUBLIC SPEAKING AND PRESENTATION SKILLS

This workshop will teach participants how to deliver their stories effectively in public spaces, focusing on audience engagement, managing anxiety, and using body language and voice effectively.

WED 27 NOVEMBER

Workshop 4

## MEDIA AND DIGITAL STORYTELLING

This workshop will explore how participants can use various media platforms to share their stories. It will cover the basics of digital storytelling, podcasting, and social media engagement.



# PROGRAM OBJECTIVES

## EMPOWERMENT

Equip LGBTQ+ individuals with the skills and confidence to share their stories publicly.

## EDUCATION

Promote understanding and empathy regarding LGBTQ+ issues through authentic storytelling.

## REPRESENTATION

Amplify diverse voices within the LGBTQ+ community, including those from marginalised groups.

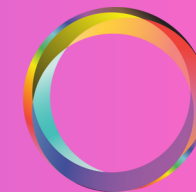
## CAPACITY BUILDING

Establish a Victorian Pride Centre's Speakers Directory to connect speakers with organisations, schools, and community groups for speaking engagements.

# VICTORIAN PRIDE CENTRE

## TIPS Program

### 2024-2025



We are strongly encouraging applications from diverse backgrounds such as First Nations Peoples, the Transgender and Gender Diverse Community, CALD individuals, people with disabilities and various age groups and socio-economic statuses.

This program has 8 participant spots and applications close on 6 September at midnight.

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## INTERESTED?

Visit [pridecentre.org.au/tips-program](https://pridecentre.org.au/tips-program) to view all of the accessible ways you can submit your interest.

For any questions, email [programs@pridecentre.org.au](mailto:programs@pridecentre.org.au)