



#### KEY ACTIVITIES

STORYTELLING WORKSHOPS

Focus on crafting and sharing personal narratives for social change.

PUBLIC SPEAKING TRAINING

Techniques for effective public speaking and audience engagement.

MEDIA AND DIGITAL STORYTELLING

Learn about using digital platforms, podcasting, and social media for impactful advocacy.

SELF-CARE AND COMMUNITY CARE

Strategies for practising self-care and caring for each other in community.

## PROGRAM WORKSHOPS

23 OCTOBER

28 OCTOBER

**5 NOVEMBER** 

11 NOVEMBER

Workshop 1

### STORYTELLING FOR SOCIAL CHANGE

Learn about the history and impact of sharing our stories.

Exploring storytelling techniques and narrative frameworks to give shape to your story. With an aim to recognise that your message matters to begin to equip you for publicly telling your story.

An initial gathering of all participants is on **14 October** to meet, connect and get to know each other before the workshops.

Workshop 2

#### SELF AND COMMUNITY CARE FOR STORYTELLERS

Focusing on the emotional aspects of sharing personal stories, including practicing self-care in parallel with community care.

Workshop 3

#### PUBLIC SPEAKING AND PRESENTATION SKILLS

Exploring how to use our stories
effectively in public spaces,
focusing on audience
engagement, managing anxiety,
and using body language and
voice effectively.

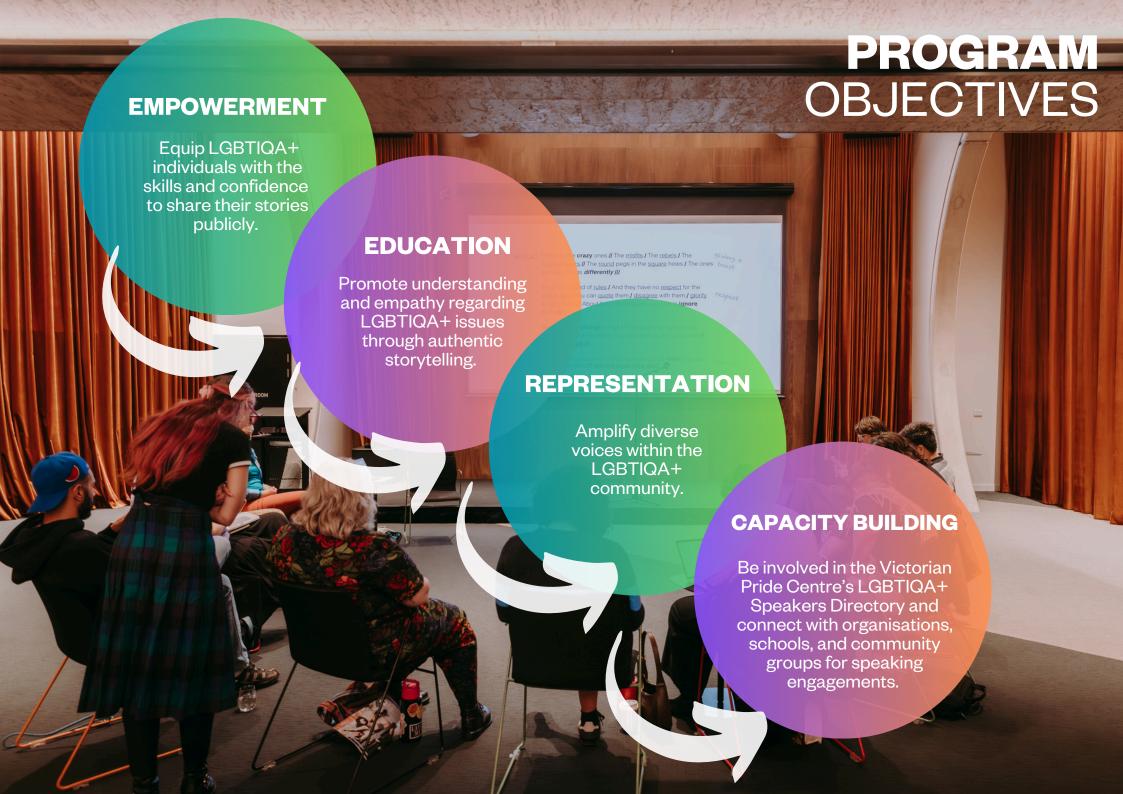
Workshop 4

#### MEDIA AND DIGITAL STORYTELLING

Discover how to use various media platforms to share our stories. Covering the basics of digital storytelling, podcasting, and social media engagement.

#### **REHEARSALS**

To prepare for the TiPS
Program Showcase, two
rehearsals are included in the
program and located in the
VPC Theatrette.



# VICTORIAN PRIDE CENTRE TiPS Program 2025-2026 The TiPS Program is free we equity model to select partice you're available for all dates.



We strongly encourage applications from a wide range of backgrounds such as First Nations Peoples, the Transgender and Gender Diverse Community, CALD individuals, people with disabilities and various age groups and socio-economic experiences.

Applications close:

Midnight 6 September 2025.

VICTORIAN PRIDE CENTRE The TiPS Program is free workshop series utilising an equity model to select participants. Please ensure you're available for all dates. Each session builds on each other. The VPC receives a high volume of applications. If you can't attend every workshop, please let us know prior - it won't hinder your application, though we prioritise applicants who are available for all program dates.

Participants are expected to attend 75% of workshop dates.

#### INTERESTED?

Visit <u>pridecentre.org.au/tips-program</u> to view all of the accessible ways you can express your interest.
For any questions, email programs@pridecentre.org.au